

14 Speech Therapy Tips for Parents



Practical ways to support your child's communication at home.

1

Start Early



If you have concerns about your child's communication, ask for guidance sooner rather than later.

2

Make It Fun



Turn vocabulary practice into play. Use scavenger hunts, songs, puppets, and simple games.

3

Model Clear Speech



Speak slowly and clearly. Give your child time to respond without rushing them.

4

Use Everyday Moments



Bath time, grocery runs, and car rides all create natural practice opportunities.

5

Reinforce Effort



Celebrate attempts, not perfection. Model the correct version back in a warm, natural way.

6

Be Consistent



A few minutes daily beats occasional long sessions. Small routines help language stick.

7

Keep It Interactive



Use conversation, storytelling, role play, and word games to create natural practice.

8

Use Visual Aids



Pictures, real objects, and simple cards help children connect words to meaning.

9

Practice Regularly



Repeat target words across different settings. Short, frequent practice works best.

10

Follow Their Interests



Use favourite toys, books, characters, or activities as a launchpad for language.

11

Expand What They Say



If your child says 'dog,' respond with a fuller model: 'Yes, a big brown dog.'

12

Read Together Every Day



Pause to talk about pictures, characters, and what might happen next.

13

Stay Patient and Positive



Progress takes time. Keep practice warm, encouraging, and pressure low.

14

Talk to an SLP



A Speech-Language Pathologist can help you understand what to practise and when to seek support.

Want personalized guidance for your child?

Book a free phone consultation: arbutusspeechtherapy.com/book

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